

# The Danish PNS program

Including NIPT - but not yet PE

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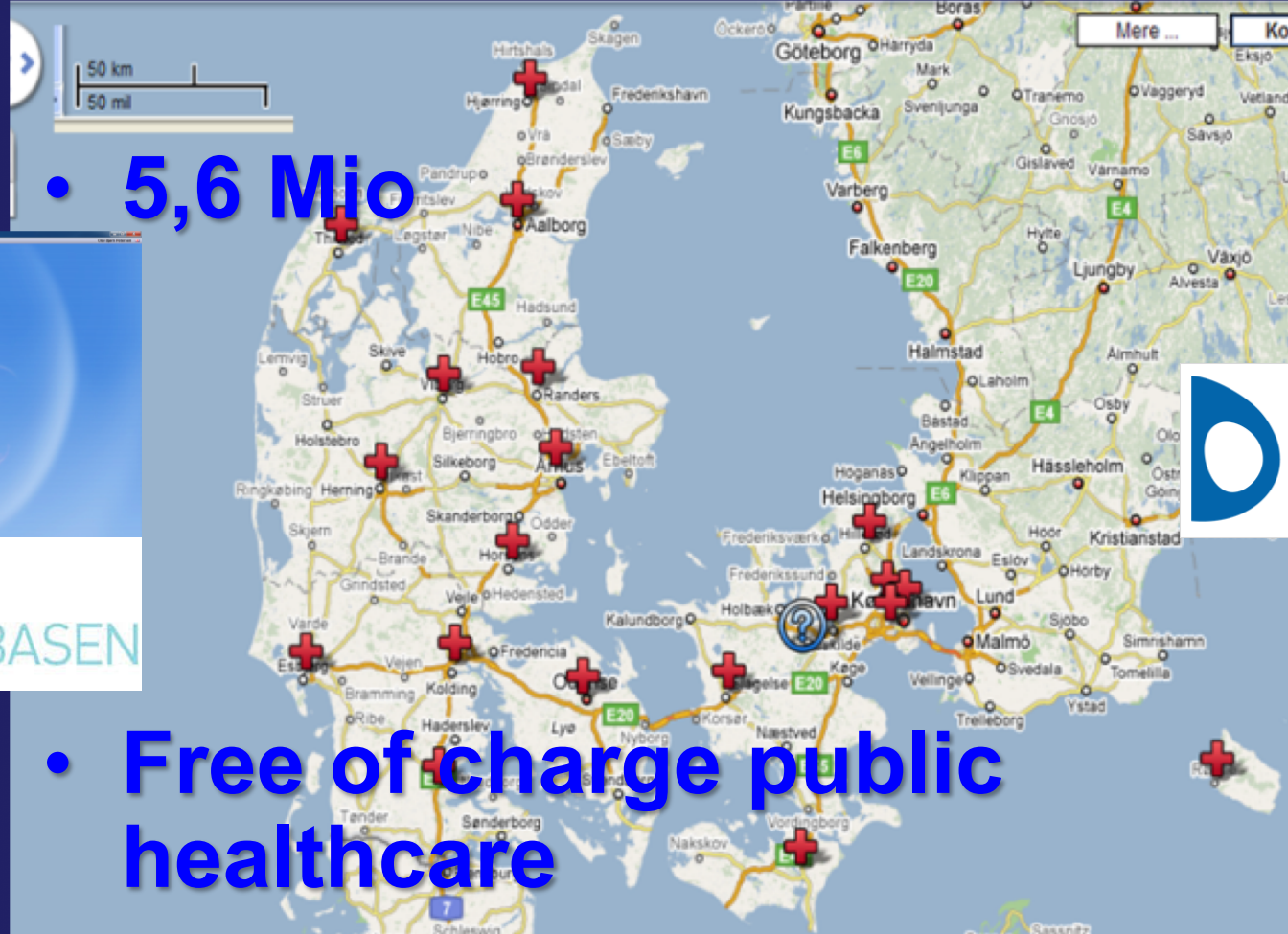
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# Danish prenatal healthcare

- 5,6 Mio

- Free of charge public healthcare



astria

FØTO DATABASEN





# National guideline 2004 Updated 2017

## RETNINGSLINJER FOR FOSTERDIAGNOSTIK

- prænatal information, risikovurdering,  
rådgivning og diagnostik

2004



# Danish PNS 2018 - purpose

- A better start for the child with special needs:
  - The professionals can be prepared – "born at the right place, with the right people available at - and after delivery"
  - The parents can be prepared for a child with special needs
- NOT specific Down Syndrome screening

# Danish PNS 2018 - Context

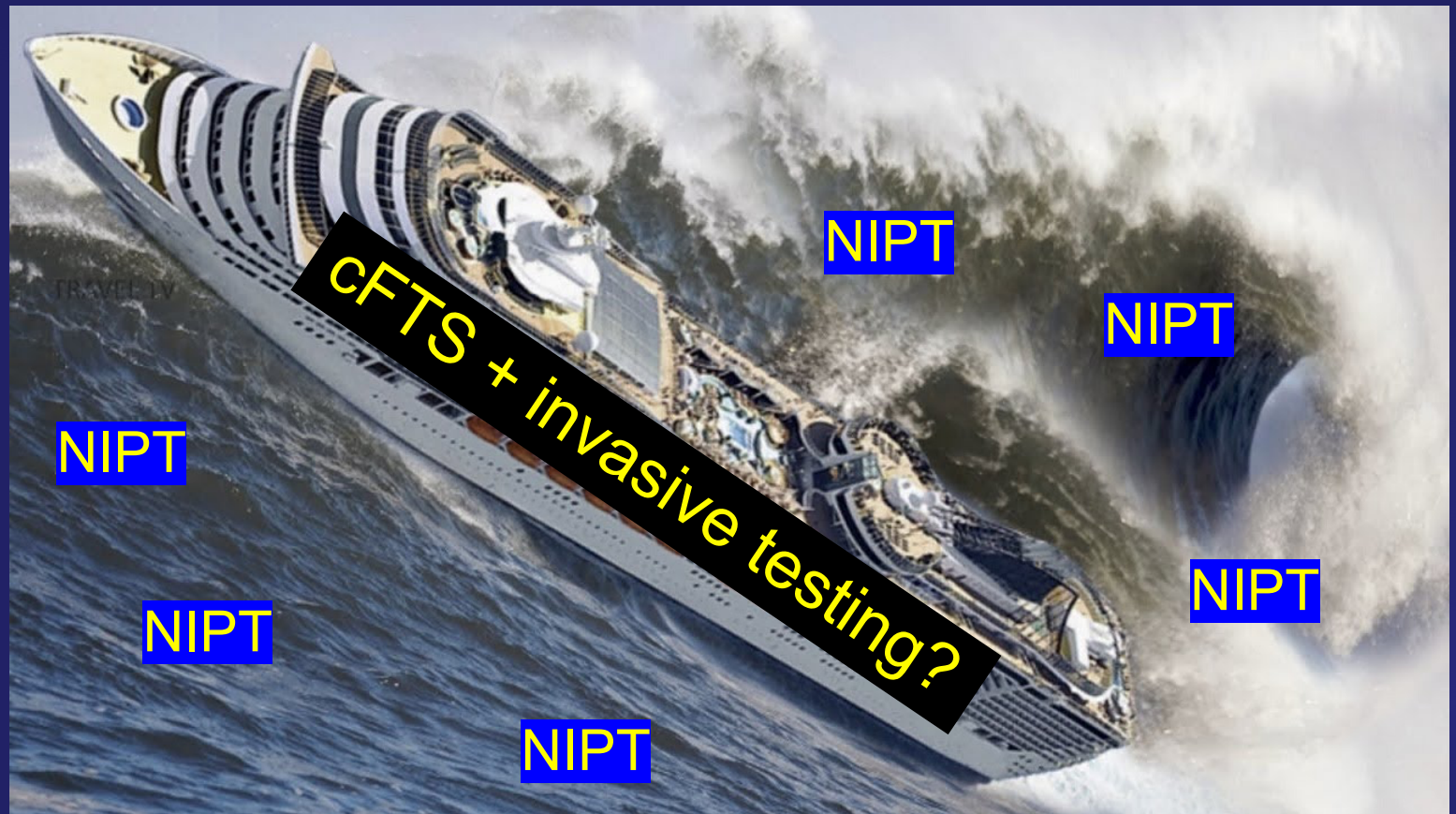
- Support reproductive autonomy:
  - Support couples decisions in agreement with their belief, culture and ethics
  - Continuing pregnancy or TOP are equal alternatives in case of severe disease

# Danish PNS 2018 - Context

- Free of charge offer to all women of:
  - 1<sup>st</sup> Trimester scan
  - Risk assessment for chromosomal anomalies
  - 2<sup>nd</sup> Trimester scan



# The NIPT wave?



# Atypical abnormal chromosomal anomalies – important?



# Does atypicals matters?

*Original Research*

## Chromosome Abnormalities Detected by Current Prenatal Screening and Noninvasive Prenatal Testing

(Obstet Gynecol 2014;124:979–86)

DOI: 10.1097/AOG.0000000000000452

Mary E. Norton, MD, Laura L. Jelliffe-Pawlowski, PhD, and Robert J. Currier, PhD

Ultrasound Obstet Gynecol 2014; 43: 265–271

Published online in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/uog.13270

## Potential diagnostic consequences of applying non-invasive prenatal testing: population-based study from a country with existing first-trimester screening

O. B. PETERSEN\*#, I. VOGEL†#, C. EKELUND‡, J. HYETT§, A. TABOR ‡, the Danish Fetal Medicine Study Group and the Danish Clinical Genetics Study Group

- 17% atypical likely missed by NIPT
- 23% atypical likely missed by NIPT
- Prevalence atypical:
  - Total population: 0.14%
  - PAPP-A < 0.2 MoM = 4.2%
  - Free  $\beta$ -hCG < 0.2 MoM = 7.1%
  - Free  $\beta$ -hCG > 5 MoM = 0.5%

# Does atypical matters?

*Ultrasound Obstet Gynecol* 2018; 51: 487–492  
Published online in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/uog.18979



**Prenatal diagnostic testing and atypical chromosome abnormalities following combined first-trimester screening: implications for contingent models of non-invasive prenatal testing**

A. LINDQUIST<sup>1,2,3</sup> , A. POULTON<sup>1</sup>, J. HALLIDAY<sup>1,4</sup> and L. HUI<sup>1,2,3</sup>

Prevalence atypical:

- PAPP-A < 0.2 MoM = 6.9%
- Free  $\beta$ -hCG < 0.2 MoM = 5.2%



# Does atypicals matters?

*Ultrasound Obstet Gynecol* 2018; 51: 445–452  
Published online in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/uog.17533

## Frequency of submicroscopic chromosomal aberrations in pregnancies without increased risk for structural chromosomal aberrations: systematic review and meta-analysis

M. I. SREBNIAK<sup>1</sup>, M. JOOSTEN<sup>1</sup>, M. F. C. M. KNAPEN<sup>2,3</sup>, L. R. ARENDS<sup>4,5</sup>, M. POLAK<sup>4</sup>, S. VAN VEEN<sup>1</sup>, A. T. J. I. GO<sup>2</sup> and D. VAN OPSTAL<sup>1</sup>

MA (years)	Risk for Down syndrome (Hook et al. <sup>5</sup> , minimal prevalence)	Risk for clinically relevant microscopic chromosomal aberrations (Hook et al. <sup>5</sup> )	Risk for pathogenic submicroscopic aberrations associated with syndromic early-onset disorders (this review)	Risk for all chromosomal aberrations (both microscopic and submicroscopic)
20	1:2000	1:555	1:270	1:179
30	1:1111	1:384	1:270	1:159
35	1:400	1:178	1:270	1:108
40	1:117	1:63	1:270	1:51
45	1:35	1:19	1:270	1:17

# Does testtype matters?

Original Research

ajog.org

OBSTETRICS

**Chromosomal abnormalities not currently detected  
by cell-free fetal DNA: a retrospective analysis  
at a single center**

JUNE 2016 American Journal of Obstetrics & Gynecology 729.e1

Hagit Shani, MD; Tamar Goldwaser, MD; Jennifer Keating, MS; Susan Klugman, MD

•45% atypical likely missed by  
NIPT

# Danish PNS 2018

GP *informs* about the prenatal program

- + Double test (w 9-10)
- + Referral for 1<sup>st</sup> Trim ULS
  - CRL/EDD + gross anomalies
  - +/- cFTS risk assessment
- + 2<sup>nd</sup> trim ULS

# @ cFTS high risk

- T21 risk  $>1:300$
- T18/13 risk  $>1:150$
- Offered
  - Invasive test (CVS), or
  - NIPT (as non-equal screening test)



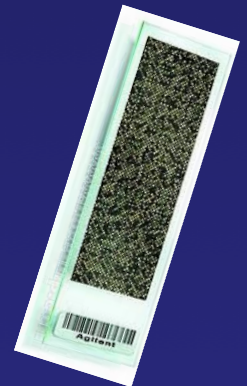
# @ cFTS high risk (new)

- *Single factors:*
  - NT  $\geq 3.5$  mm, or
  - Free  $\beta$ -hCG  $\geq 5$  MoM, or
  - Free  $\beta$ -hCG or PAPP-A  $< 0.2$  MoM, or
  - Maternal age  $\geq 45$  year
- Offered invasive test (CVS) with CMA
  - Or NIPT as a non-equal option

# National guideline on CMA

CMA recommended as the first line prenatal invasive genetic analysis

- Unless..
- PCR?



## FOTO-Sandbjerg guideline 2018

### Titel

Prænatal kromosom mikroarray analyse (CMA)

### Forfattere

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# Results, 1 year experience

"Isolated" T21 Risk > 1:300, n=575

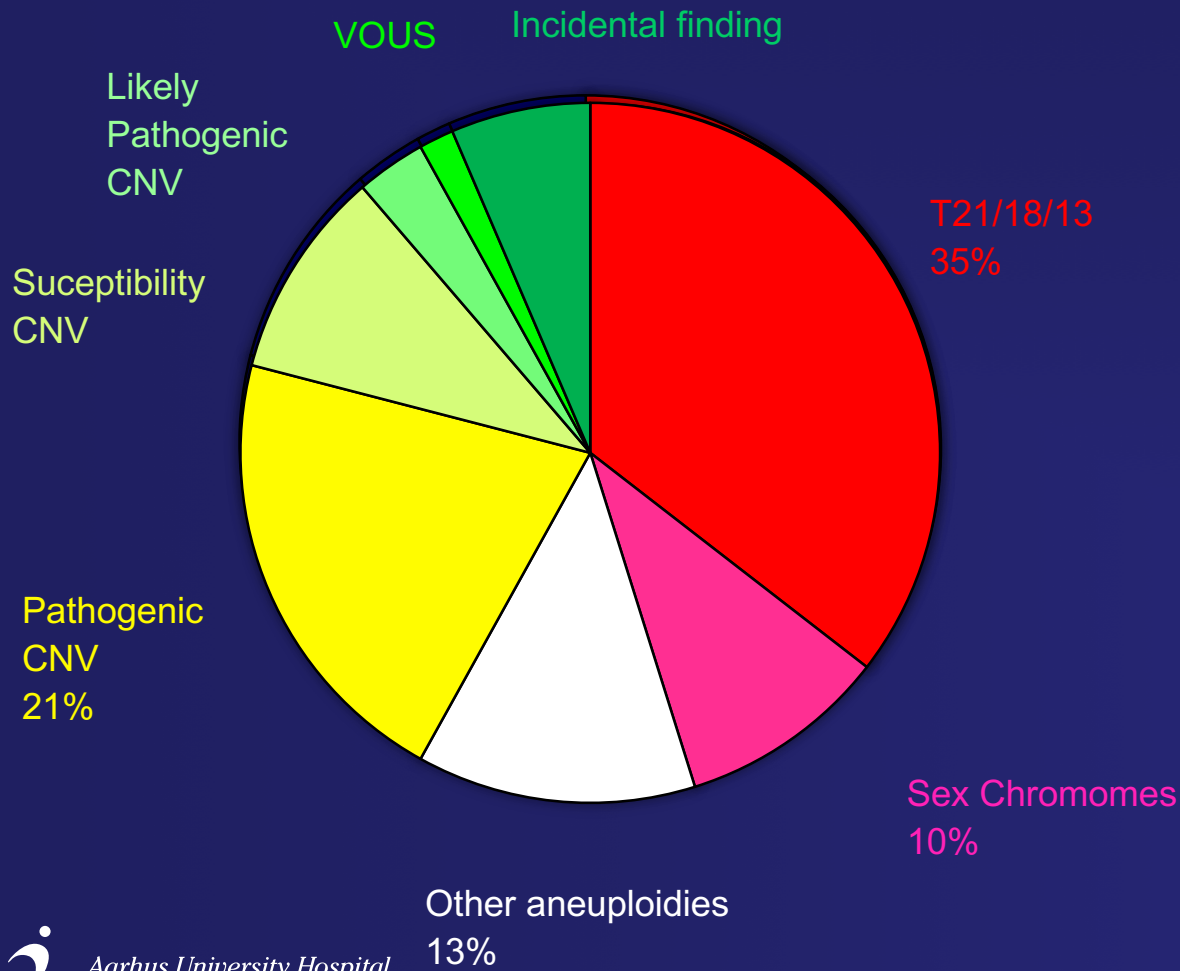
*Ultrasound Obstet Gynecol* 2018

Published online in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/uog.17548

## Chromosomal microarray as primary diagnostic genomic tool for pregnancies at increased risk within a population-based combined first-trimester screening program

I. VOGEL<sup>1,2,3</sup> , O. B. PETERSEN<sup>2,4</sup>, R. CHRISTENSEN<sup>1,3</sup>, J. HYETT<sup>5</sup>, S. LOU<sup>2,6</sup> and E. M. VESTERGAARD<sup>1,2,3</sup>

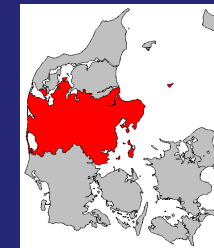
# 51 Abnormal using CMA



T21 Risk > 1:300, n=575  
180k array-CGH

Detectable also by

- NIPT
- Cytogenetic karyotype
- CMA

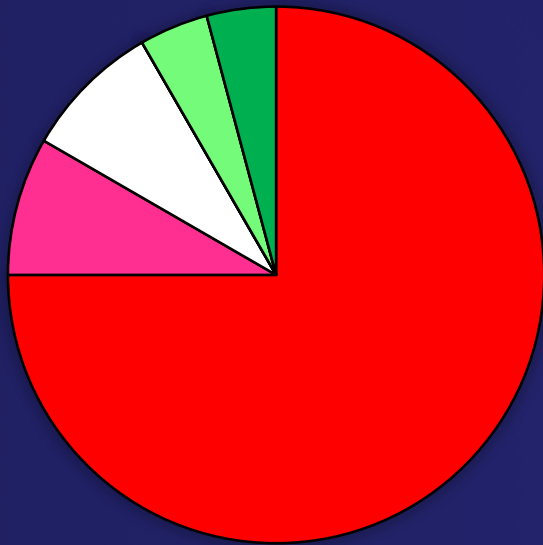




# Distribution of abnormal CMA's

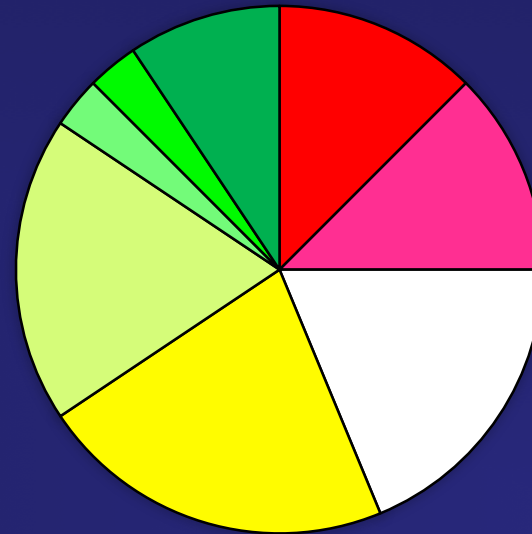
T21 Risk > 1:300, n=575

Risk > 1:50,  
N=23



•NIPT could detect 87%

Risk 1:50-1:300  
N=28



•NIPT could detect 28%

# Contingency: CVS only >1:50 +NIPT 1:50 to 1:300??

Would have missed 93% of the pathogenic, susceptibility and likely pathogenic CNVs



# 1<sup>st</sup> trimester screening for PE in DK?



# Screening for pre-eclampsia in the first trimester

## A Danish Multicenter Study

- Purpose:
  - To examine the performance of screening for pre-eclampsia in the first trimester of pregnancy in an unselected Danish population
  - To evaluate the attitude among pregnant women towards this screening

# Screening for pre-eclampsia in the first trimester

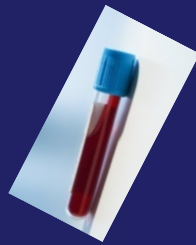
## A Danish Multicenter Study

- Method:
  - We plan to include 8300 pregnant women in five University Hospitals
  - 300 women will be invited to participate in a questionnaire study

# Screening for pre-eclampsia in the first trimester

## A Danish Multicenter Study

•Current cFTS



•week 9

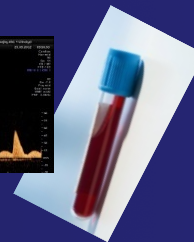
•week 12



•week 40

•Risk assessment calculation  
•+/- PE

•+ PE screening



•Inclusion starts in 2019  
•9 month inclusion period  
•Results in 2020



# Conclusion

cFTS identifies (a proportion of) women @ risk of atypical chromosomal anomalies

Increased diagnostic yield by CVS+CMA

1<sup>st</sup> Trim screening for PE: Awaiting DK validation study

# Thanks



Aarhus University Hospital/  
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Ann Tabor

Charlotte Ekelund

Karin Sundberg



## And many more!!

