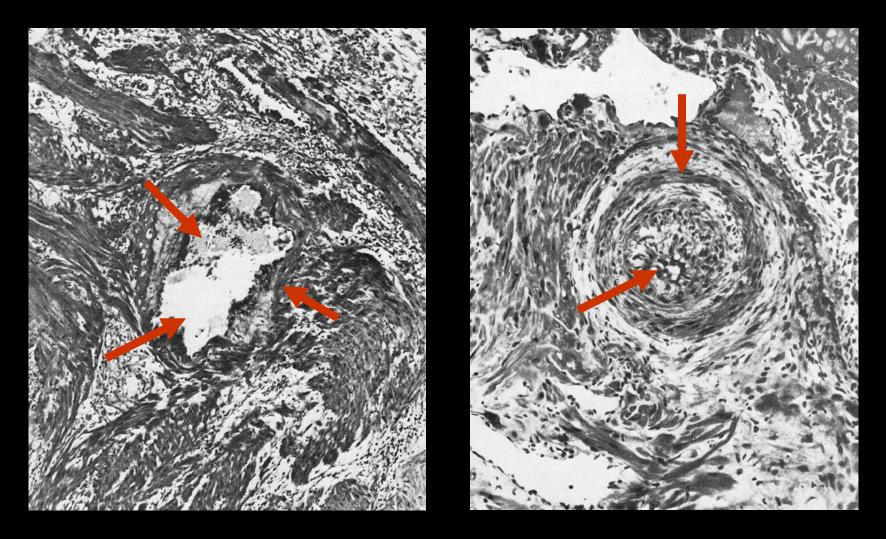


## Prediction and Prevention of the Great Obstetrical Syndromes (GOS Study)

### Emmanuel Bujold, MD, MSc

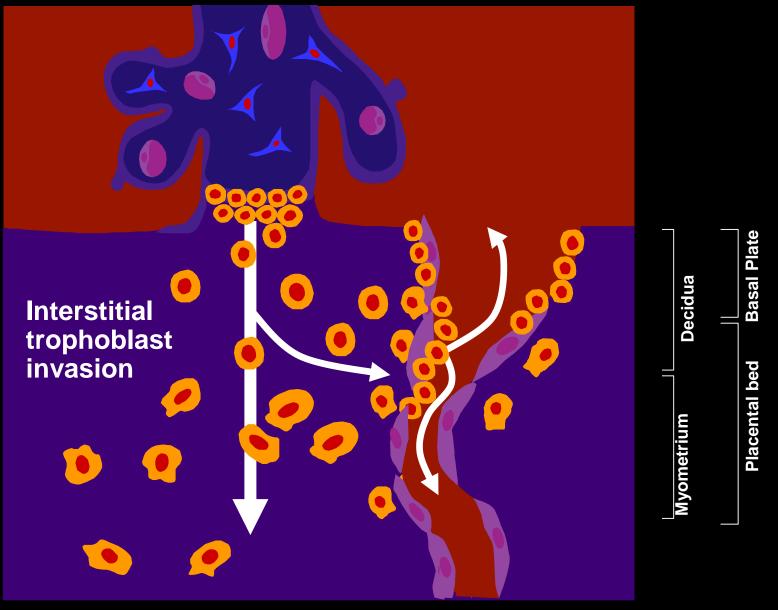
Professor, Obstetrics and Gynaecology, Laval University Funded by the Jeanne et Jean Louis-Lévesque Foundation

### Deep placentation disorder in preeclampsia



Brosens I, Clin in Obstet Gynecol 1977; 4:573-93

### Transformation of spiral arteries between 8 and 16 weeks'



After Kaufman P, Black S, and Huppertz B.

### Deep placentation disorder: Preterm vs Term PE

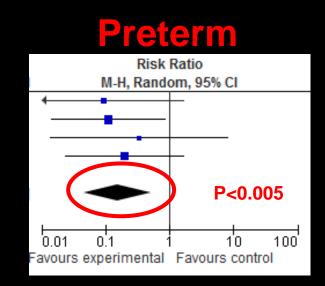
erperfusion Adjusted OR (95% CI)	Adjusted OP (95% CD	Maternal underperfusion		N	C A (modes)
PE % (n/N)	Adjusted OK (95% CI)	PE % (n/N)	Controls % (n/N)	IN	GA (weeks)
100 (2/2) Not available	Not available	100 (2/2)	21 (21/100)	102	≤ 25.0
75 (9/12) 11.1 (2.4–50.4) <b>750/ 10 Koto Kmp P</b>	11.1 (2.4–50.4)	75 (9/12)	25 (17/68)	80	25.1-26.9
70 (16/23) 10.3 (3.2.327) 75% preterm P	10.3 (3.2, 32.7)	70 (16/23)	22 (17/78)	101	27.0-28.9
73(24/33) 8.8 (3.5–22.4)	8.8 (3.5–22.4)	73(24/33)	22 (28/128)	161	29.0-30.9
73(35/48) 8.2 (3.7–17.9)	8.2 (3.7–17.9)	73(35/48)	25 (36/146)	194	31.0-32.9
<b>55 (52/89) 6.3 (3.8–10.6)</b>	6.3 (3.8–10.6)	55 (52/89)	20 (74/379)	468	33.0-34.9
<sup>47(757161)</sup> 3.5 (2.4-5.2) <35% term PE	3.5 (2.4–5.2)	47(75/161)	18 (103/560)	721	35.0-36.9
35 (99/284) 5.0 (2.2–4.1)	5.0 (2.2-4.1)	35 (99/284)	14 (244/1,692)	1,976	37.0-38.9
34 (79/235) 2.7 (2.0–3.7)	2.7 (2.0–3.7)	34 (79/235)	15 (530/3,505)	3,740	39.0-40.9
13 (3/23) 0.8 (0.2–2.9)	0.8 (0.2–2.9)	13 (3/23)	15 (109/741)	764	≥ 41.0

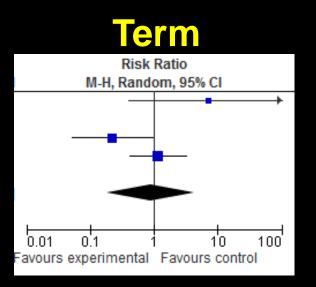
Ogge, JPM 2011

### Deep placentation disorder is primarily associated

with preterm preeclampsia

### Aspirin for the prevention of Preterm vs Term **PE**





Roberge, FDT, 2012



## Aspirin taken early in pregnancy reduced the risk of preterm PE (62%)



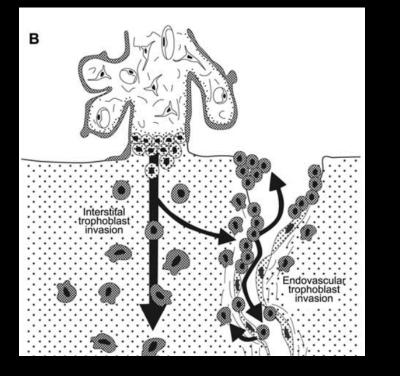
### Deep placentation disorders are associated with

### other placental-mediated diseases...

#### **OBSTETRICS**

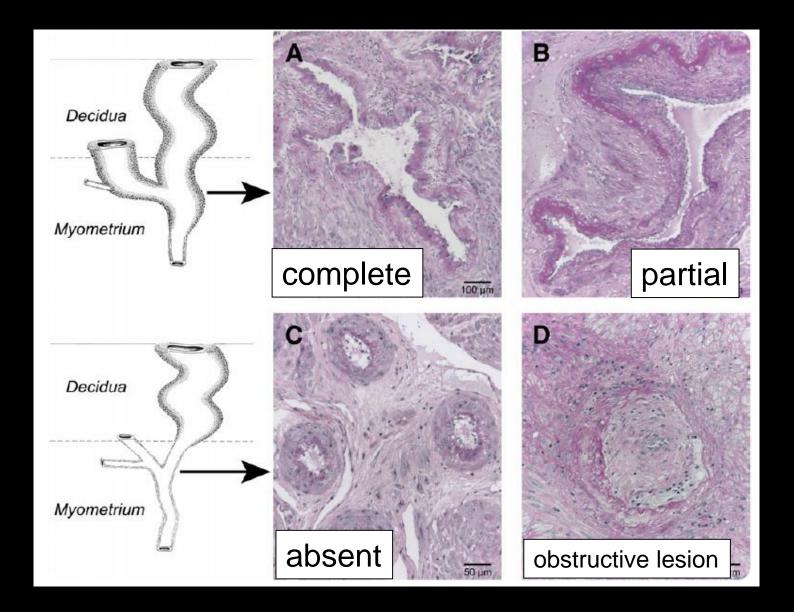
# The "Great Obstetrical Syndromes" are associated with disorders of deep placentation

Ivo Brosens, MD; Robert Pijnenborg, PhD; Lisbeth Vercruysse, MSc; Roberto Romero, MD

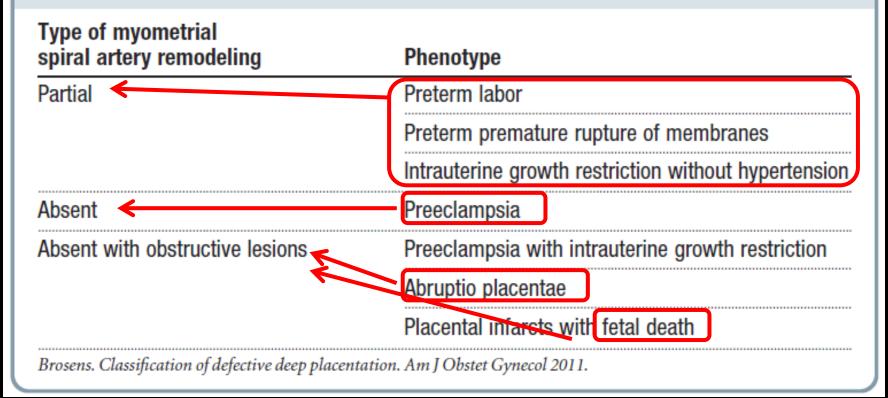


## PE, FGR, stillbirth, sPTB and PPROM

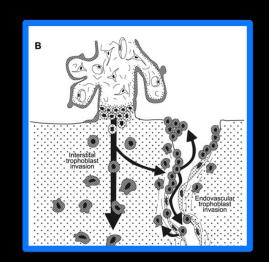
share a common pathway of disease



#### TABLE 3 Types of defective deep placentation associated with adverse pregnancy outcomes



### PE <37 weeks, severe FGR, fetal death





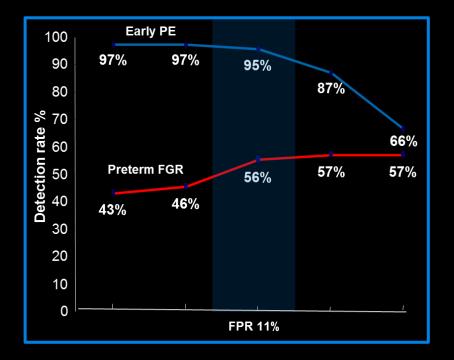
#### Deep placentation disorders

#### Prevention through daily aspirin

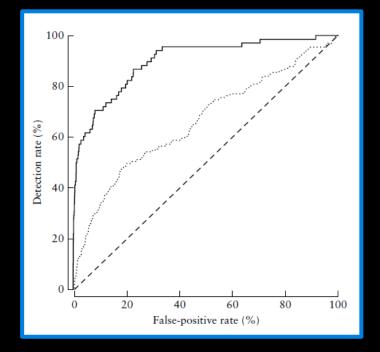
The Fetal Medicine Foundation

#### History, uterine PI, MAP, PAPP-A, PLGF at 11-13 weeks

#### Early-onset PE, preterm FGR



#### Stillbirth





## Aspirin before 16 weeks

Prevention of Preeclampsia and Intrauterine Growth Restriction With Aspirin Started in Early Pregnancy A Meta-Analysis

#### OBSTETRICS & GYNECOLOGY

Prevention of perinatal death and adverse perinatal outcome using low-dose aspirin: a meta-analysis

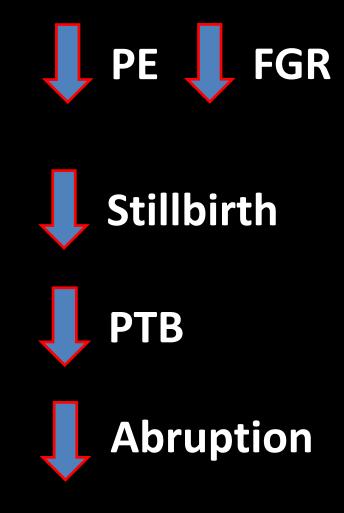
ULTRASOUND in Obstetrics & Gynecology

**Opinion & Hypothesis** 

Could early aspirin prophylaxis prevent against preterm birth?

MATERNAL OF MATERNAL-FETAL & NEONATAL MEDICINE

Meta-analysis on the effect of aspirin use for prevention of preeclampsia on placental abruption and antepartum hemorrhage



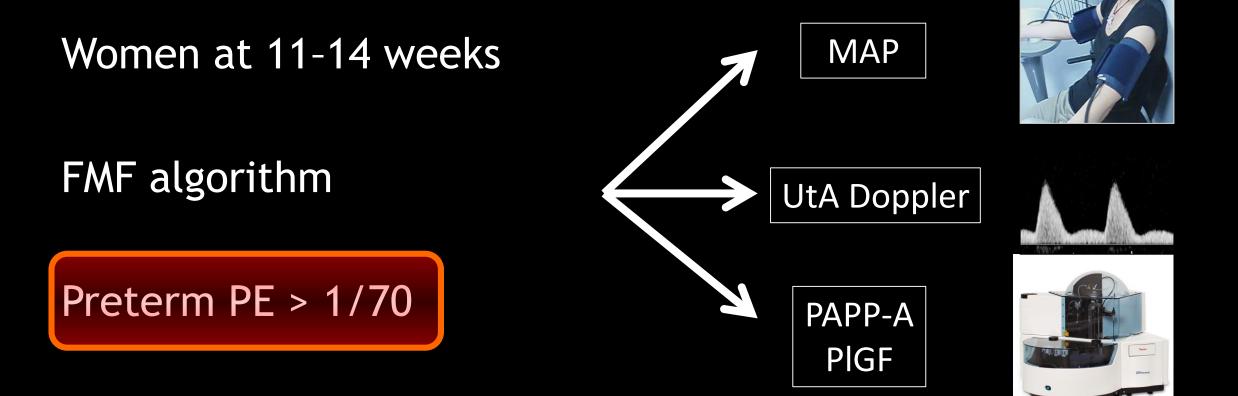
### Prevention of deep placentation disorders could not

### only reduce preeclampsia, but also other major

diseases of pregnancy



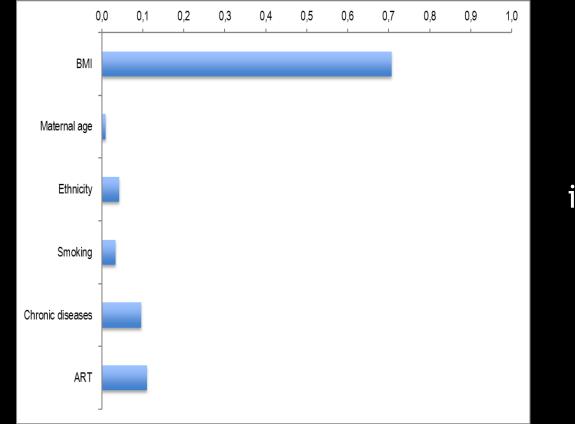
## GOS study



## GOS study: 6073 participants

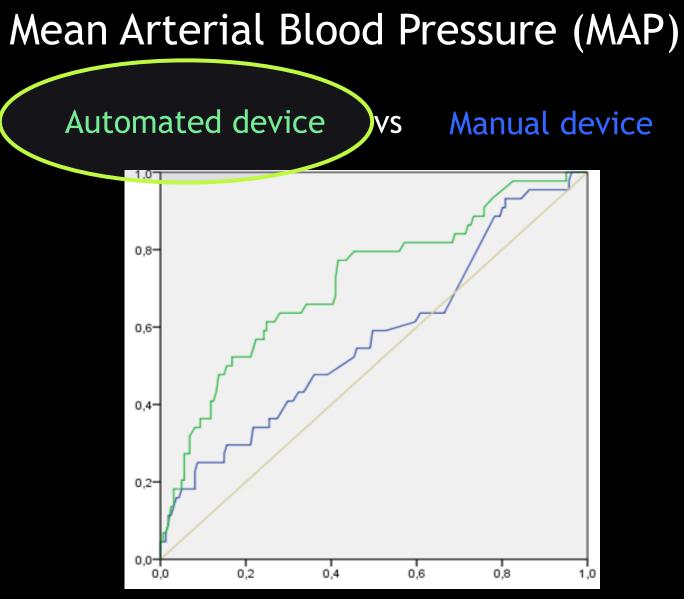
Maternal Age	29 years
Nulliparous	78 %
Caucasian	96 %
BMI	23.9 kg/m <sup>2</sup>

### Maternal characteristics



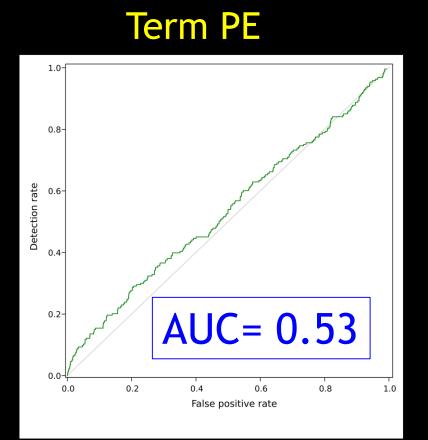
## BMI is the most important contributor

Boutin et al. CNPRM

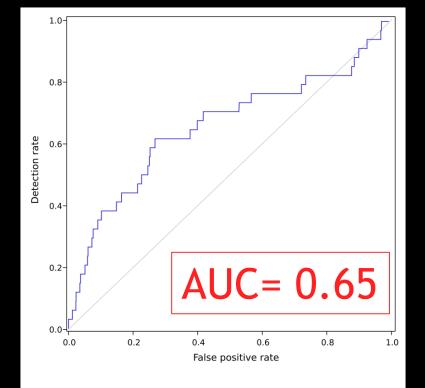


Gasse et al. SMFM 2017

### **Uterine artery Doppler**

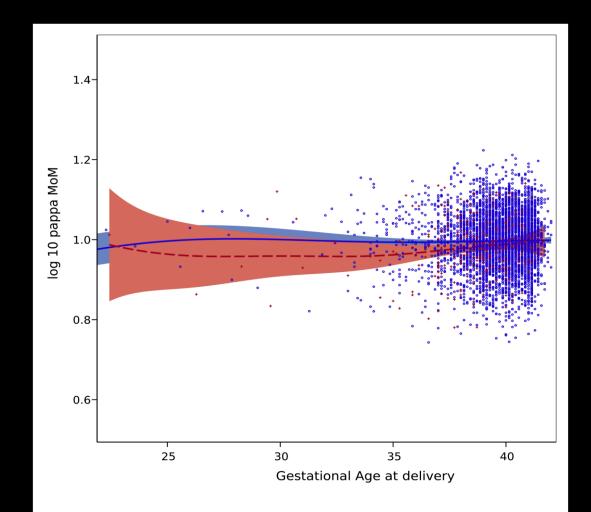


### Preterm PE

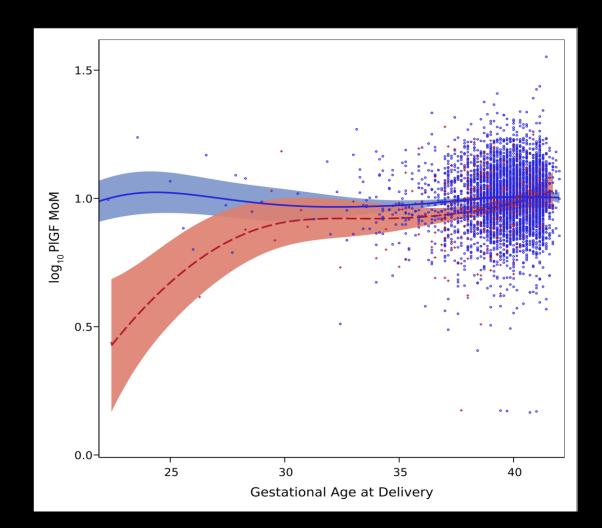


Demers et al. CNPRM

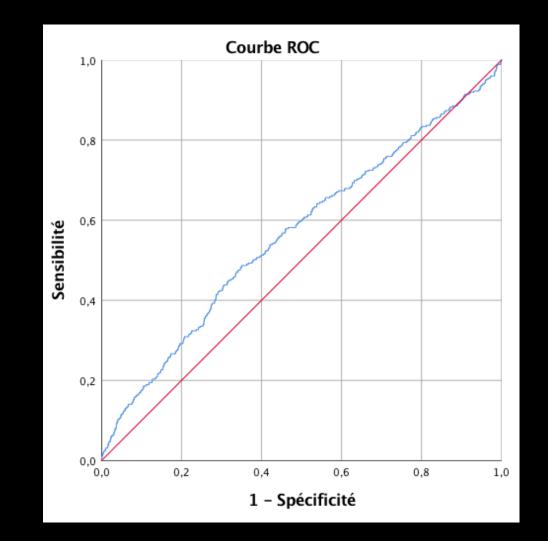
### PAPP-A & PE



## PlGF & PE



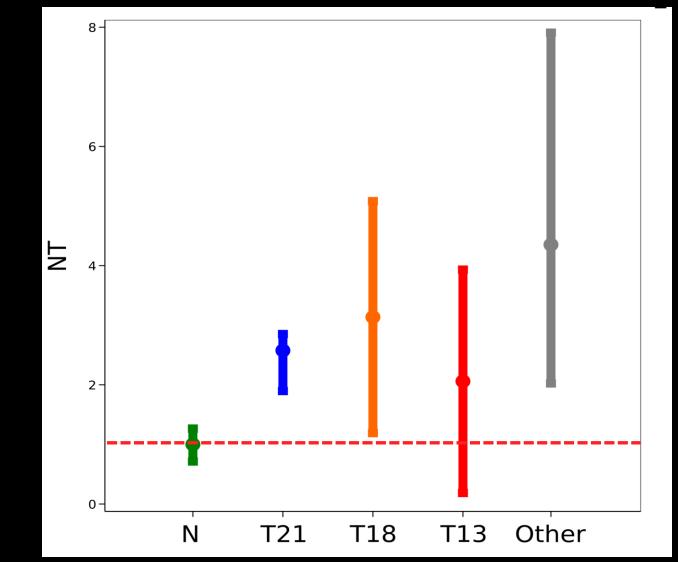
### PIGF & sPTB



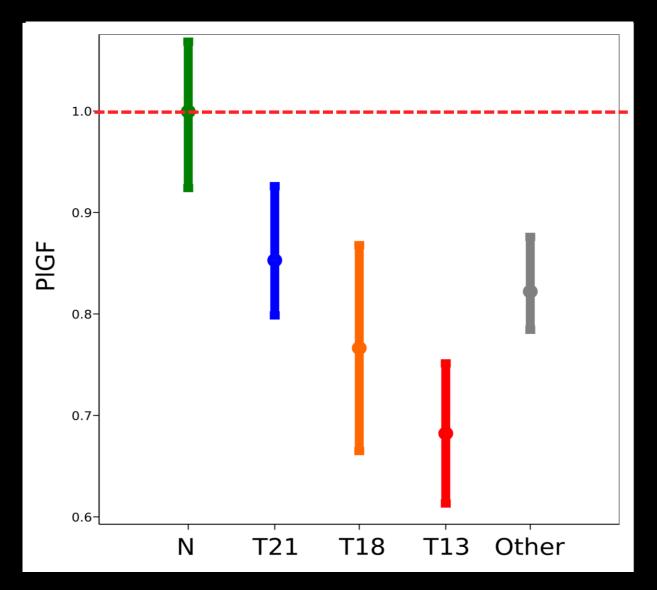
### Screening for aneuploidy using NT & PIGF

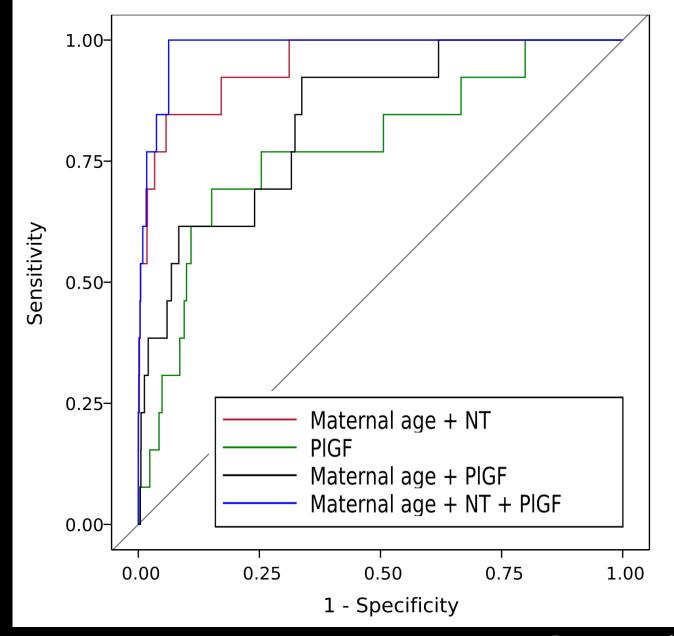
Boutin et al. CNPRM

NT



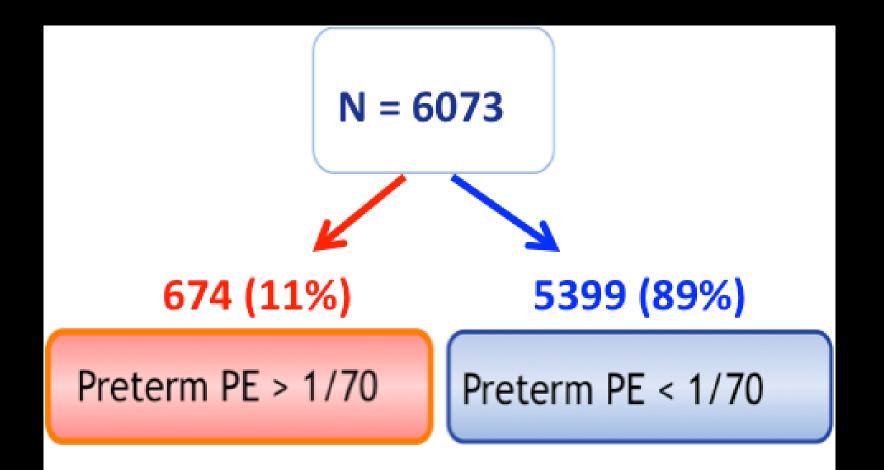






Boutin et al.

## FMF algorithm

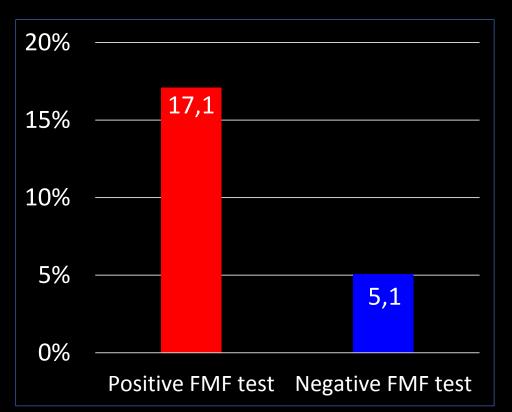


## Outcomes

	Screened +	Screened -	Relative risk	Р
PE < 37 weks	3.7%	0.3%	12.3	<0.001
SGA <3rd	4.1%	1.4%	2.9	<0.001
Fetal death	1.2%	0.4%	3.0	0.004
Late miscarriage	0.9%	0.3%	3.0	0.04

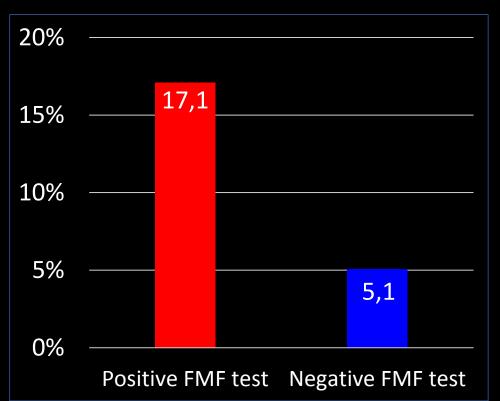
## **Outcomes**

### ANY GOS

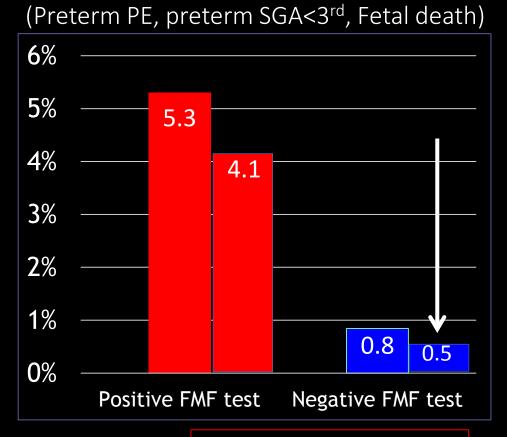


## Outcomes

ANY GOS



SEVERE GOS



**Relative risk: 8.2** 

## GOS study: conclusions

### FMF preterm PE test >1/70 $\rightarrow$ high risk (>5%) of severe GOS\*

### FMF preterm PE test <1/70 $\rightarrow$ low risk (0.5%) of severe GOS\*

### \*PE & SGA<37wks, IUD

Thank you!

Prediction and prevention of preterm PE combining biomarkers in the first-trimester & aspirin is likely to reduce the rate or preterm PE... HIGHLY associated with deep placentation disorders

It is likely to reduce the rate of other GOS (sPTB, IUGR, fetal death)... that are also associated with deep placentation but that are considerably more frequent!



## Prediction and Prevention of the Great Obstetrical Syndromes (GOS Study)

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